

Sunday Club Rides.

Swansea Wheelers Club Rides 2018/ 2019. All rides begin at The Liberty Stadium.

Date	Route	
Oct. 13 th . Maesteg	Marsh road, Port Talbot, Goytre, Maesteg* Llangynwyd, Ffordd-y-Gyfrith, Pyle, Margam bypass. Briton Ferry, Swansea.	1
Oct. 20 th . Heol Senni	Skewen, Neath valley, PNV, Ystradfellte, Heol Senni Defynnog, Sennybridge, *Trecastle, Moel Feity, Tafarn y Garreg, Swansea valley, Pontardawe, Swansea.	2
Oct. 27 th . Ferryside	Brynhyfryd, Fforestfach, Loughor, Burryport, Kidwelly, Ferryside, *Broadley, Kidwelly, Burryport, Loughor, Gowerton, Swansea.	3
Nov. 3 rd . Porthcawl	Marsh road, Skewen, Baglan, P. Talbot, Margam, Stormy Down, Porthcawl sea front* Nottage, Kenfig, Margam, Port Talbot bypass, Aberavon sea front. Briton ferry, Neath Skewen, Swansea.	4
Nov. 10 th . Carreg Cennen	Birchgrove, Pontardawe, GCG, Ammanford, Drefach, Trapp, Carreg Cennen, * Ffairfach, Carmel, Crosshands, Llannon, Pontardulais, Pontlliw, Penllergaer, Morrision, Swansea.	5
Nov. 17 th . Seven Sisters	Ynystawe, Pontardawe, bike path to Banwen, Seven Sisters, Crynant, B4242 Resolven, Glynneath, PNV* rear of Angel, Banwen, Abercrave, Pontardawe, Swansea.	6
Nov. 24 th . Crosshands	Morrision, Penllergaer, Pontardulais, Llanon, Cross hands Gorslas. L.L.O country Park, * Carmel, Ffairfach, Llandybie, Ammanford, GCG, Pontardawe, Swansea.	7
Dec. 1 st . Rhossili	Brynhyfryd, Waunarlwydd, Gowerton, Crofty, Llanridian Burry Green, Scurlage, Rhossili, *Scurlage, Parkmill, Killay, (or Kittle, Bishopston, cycle path.) Swansea.	8
Dec. 8 th . Col de Caerau	Skewen, P. Talbot, Pyle, Tondy, Maesteg, *Croeserw, Afan Valley, Afan Argoed, Bike path to P. Talbot, Baglan, Neath. (or Sardis, Cimla, Neath) Skewen, Swansea.	9
Dec. 15 th . Kidwelly	Carmarthen road, Gowerton, Loughor, Burryport B4317 Llandyry, Pinged, Kidwelly, *Burryport, Loughor. Gowerton Swansea.	1 0

Dec.22 nd . Porthcawl	Skewen, Baglan, Port Talbot, Margam. Pyle, Aberkenfig, Cefn Cribbwr, Laleston, Porthcawl* Nottage, Kenfig, Margam P/Talbot bypass, Aberavon sea front, Briton Ferry, Neath, Skewen, Swansea.	1 1
Dec. 30 th Mumbles	Route to be arranged on the day.	1 2
Jan 6 th . Carreg Cennen	Plasmarl, Chemical Road, Penllergaer, A48 Pontardulais, Ammanford Carreg Cennen Castle *.Trapp, Glanamau A474, GCG, Pontadawe, Swansea.	1 3
Jan 13 th . Gower	Carmarthen Road, B4295 Waunarlywydd, Gowerton, Penclawdd, Old Walls, Burry, Reynoldston*, Cefn Bryn, Fairwood Common, Ilston, Parkmill, *A4118 Kittle, B4436 Bishopston, Mumbles. Bay cycle path to Swansea.	1 4
Jan 20 th . Ferryside	Brynhyfryd, Fforestfach, A4070 Loughor, Llanelli bike path, Burryport. A484 Kidwelly, * Ferryside* Broadway Kidwelly, B4306 Trimsaran, A484 Llanelli, Bynea, A4070 Loughor, Gowerton, B4295 Swansea.	1 5
Jan 27 th . Maesteg	Marsh road, Skewen A48 Baglan, Taibach, Goytre, Bryn, B4282, Maesteg, Tondu, Pyle, * Maudlam B4283 Margam Aberavon beach, Briton Ferry, Skewen, A4230 Swansea.	1 6
Feb.3 th . Sennybridge	Ynystawe, A4067 Swansea valley, Tafern-y-Garreg, Trecastle, Sennybridge, * Crai, Abercrave, Pontardawe, Swansea.	1 7
Feb.10 th . Cross Hands	Gorseinon, Grovesend, Garnswllt, Pantyffynon bridge. Tycroes. Crosshands* Capel Hendre. Llandybie, Ammanford, GCG, Pontardawe, Swansea.	1 8
Feb.17 th . Porthcawl	Marsh road, Skewen, Baglan, A48 P. Talbot, Pyle, Kenfig Hill, Stormy Down, Laleston, A4106 Porthcawl* Kenfig, Margam, P. Talbot by-pass, Baglan, Skewen, Swansea.	1 9
Feb.24 th . Rhigos and Bwlch Mountains	Skewen, Baglan, P. Talbot, Pyle, Tondu, A4065, Brynmenyn, A4064 Llangeinor, Pricetown, Nantymoel, Bwlch, Treorchy* Treherbert, Rhigos, Hirwaun, Neath valley A4230, Skewen, Swansea.	2 0

Mar.3 th . Golden Grove	Morrison, Penllergaer,Pontadulais, Llannon,B4306 Cefneithin, Porthyrhyd,B4300 Golden Grove, Llandeilo,* Llandybie, A483 Ammanford, GCG, Pontardawe, Swansea.	2 1
Mar.10 th . Sennybridge	Morrison,Swansea valley,Tafarn-y-Garreg,Trecastle,A40 Sennybridge,*Crai, Abercraf, A4109, 7 Sisters, Crynant, Skewen, Swansea.	2 2
Mar.17 th . Llynfi & Afan	Skewen,Baglan, P.Talbot, Pyle,Tondu,Maesteg,* Caerau, Croeserw, Glyncorwg, Cycle path Cymmer. P.Talbot, Or Cimla, Neath. Skewen, Swansea.	2 3
Mar.24 th . Scotch pine	Morrison,Craig Cefn Parc, Mynydd y Gwair, Scotch pine, Ammanford,Llandybie, Llandeilo,*Carmel,Cross hands, Llannon,Pontardulais, Penllergaer, Morrison, Swansea.	2 4
Mar. 31 st . Glyncorwg	Ynystawe,Yystradgylais, Crynant, Aberdulais, Tonna, Cimla, Afan valley cycle path, Glyncorwg* Port Talbot, Briton Ferry, Swansea.	2 5
Apr. 7 th . Gower/Llanmadoc	Brynhyfryd,Cockett, Gowerton,The Wern, Three Crosses, Welshmoor,Llanrhidian, Oldwalls,Cheriton,Llanmadoc, Burry Green,Llandewi,Scurlage,Fairwood common, Ilston, Parkmill, Upper Killay, Cycle path Blackpill, Swansea.	2 6
Apr.14 th . Carreg cennen	Morrison, Penllergaer,Pontardulais,Fforest, Ammanford, Dre-Fach,Llandyfan,Trapp,Carreg Cennen,*Ffairfach, Llandybie,Ammanford,GCG, Pontardawe, Swansea.	2 7
Apr.21 st . Maerdy mountain	Winchwen, Skewen,Neath Valley,Cefn Rhigos,Aberdare, Maerdy,Tylorstown,Penrhys,Treorchy,*Bwlch,Cymmer, Ponrhydyfen,Cimla,Neath, Skewen,Swansea.	2 8
Apr.28 th . Bwlch and Llangeinor	Skewen,P.Talbot,Cymmer,Bwlch,Nantymoel,Ogmore Vale Llangeinor,Tondu,Pyle, Margam, Aberavon Beach,Baglan, Briton Ferry, Swansea.	2 9
May. 5 th . Black Mountain	Ynystawe,Pontardawe,Cwmtwrch,Brynamman,Black Mountain,Pont Fawr,Bethlehem,Llandeilo,* Llandybie, Ammanford,Pontardulais. Penllergaer,Morrison,Swansea.	3 0
May 12 th . Devil's Elbow	Morrison,Swansea valley,Tafarn-y-Garreg,Trecastle, Sennybridge,*Defynnog, Heol Senni, The Devil's Elbow, Ystradfellte,Glynneath, Neath valley, Swansea.	3 1

May 19 th . Mynydd-y-Gwair/ Gwrhyd	Clydach, Craig cefn parc, Mynydd-y-Gwair, Rhydyfro, Gwrhyd, cwmllynfell, Ystradgynlais, Crynant, Neath, Skewen, Swansea.	3 2
May 26 th . The Great Glamorgan Ride.	Liberty,Skewen, Baglan, Port Talbot, Pyle, Laleston, Ewenny, Ogmore, St. Brides,St.Donat's, Llantwit Major.*St.Athans, Lanes through to A48 Bonvilston,Welsh St.Donats, Aberthin, Cowbridge.* B4270 to Llandow, Lanes back to Ewenny, Merthyr Mawr, A48 Stormy Down, Pyle, P.Talbot Bypass, Briton Ferry and Neath or Swansea.	3 3 #
Jun. 2 nd . Grugybar/ Talley	Plasmarl, Llansamlet, Ynystawe, Pontardawe, GCG, Black Mountain, Llangadog, A40 Llanwrda Crugybar, Talley Llandeilo, Llandybie, Ammanford, GCG Pontardawe, Swansea.	3 4
June 9 th . Carreg Cennen	Plasmarl, Ynystawe, Pontardawe, GCG, Ammanford, Llandybie, Derwydd, Trapp, Carreg Cennen, *Carreg Dwfn, Mynydd Isaf, Brynamman, Cwmllynfell, Cwmtwrch, Ystalyfera, Pontardawe, Swansea.	3 5
June 16 th . Maerdy Mountain	Neath B4242, Glynneath, Hirwaun, Rhigos, Treorchy* Penrhys monument, Tylorstown, Maerdy mountain, Aberdare, Hiraun, Glynneath, Neath valley, Swansea.	3 6
June 23 th . The Century Ride.	Liberty Stadium, Neath, Hirwaun, Penderyn, Storey Arms, Brecon*. Bwlch, B4560 Llangorse Lake, Brecon, Mynydd Illtyd, A4215 Defynnog, Sennybridge* Crai, Craig-y-Nos Swansea valley A4067, Pontardawe, Swansea, Liberty.	3 7 #
June 30 th . Croeserw	Skewen, Neath, Cimla, Afan valley, Cymmer, Croeserw, Maesteg, Llangynwyd, Fforth-y-Gyfraith, Pyle, *Margam, P.Talbot by-pass, Aberavon Beach. Baglan, Briton Ferry, Neath, Skewen, Swansea.	3 8
July 7 th . Gower	Brynhyfryd, Carmarthen road, Waunarlwydd, Gowerton, Three Crosses, Fairwood common, Cefn Bryn, Reynoldston, Knelston, Scurlage, Port Eynon, *Scurlage, Burry Green, Llanrhidian, Penclawdd, Gowerton, Swansea.	3 9
July 14 th . Usk Reservoir	Pontardawe, Tarfarn-y-Garreg, Crai, Nantyrharn, Sennybridge* Trecastle, Pont ar Hyder, Twynllanan, Black Mountain, Brynamman, Cwmtwrch, Ystalyfera, Pontardawe, Swansea.	4 0

July 21 st . Penderyn	Plasmarl, Pontardawe, Ystradgynlais, Starving hill, Crynant, Neath valley, Hirwaun, Penderyn, Ystradfellte, PNV. IVR, Abercraf, Pontardawe, Swansea.	4 1
July 28 th . 3 valleys anti-clockwise	Skewen, Baglan, P. talbot, Afan valley, Bwlch, Treorchy, * Penrhys B4512, Tylorstown, Maerdy, Aberdare, Hirwaun, Glynneath. Neath valley, Neath, Skewen, Swansea.	4 2
Aug. 4 th . Ferryside	Brynhyfryd, Fforestfach, Loughor bridge, Llanelli bike path, Burryport, Kidwelly, Ferryside, * Llandyfaelog A484 Kidwelly, Burryport, Loughor, Gowerton, Swansea.	4 3
Aug. 11 th . Gower Grimpeur	Start at Mumbles Pier. Petite 50 miles, Moyen 75 miles Grande 92.5 miles. Piccolo 30 miles. Café Mumbles* Covers every hill on the Gower.	4 4 #
Aug. 18 th . Llanwrda	Yntstawe, Pontardawe, GCG, Brynamman, Black Mountain, Llangadog, Llanwrda, Llangadog, Bethlehem, Ffairfach, Milo Pentre Gwenlais, Llandybie, Ammanford, Bettws, Garnswllt, Pontardulais, Penllergaer, Morriston, Swansea.	4 5
Aug. 25 th . Four valleys	Marsh road, Skewen, Baglan, Margam, Pyle, Tondu, Shwt, Garw valley, Bettws, Nantymoel, Bwlch, Treorchy, * Rhigos Glynneath, IVR, Abercraf, Pontardawe, Swansea.	4 6
Sept. 1 st . Hell of the Beacons	Skewen, Neath valley, Hirwaun, Penderyn, Cwm Cadlan, Llwyn-on reservoir, left onto A470 Storey arms, left to Penderyn A4059, right to Ystradfellte, Pontneathvaughan, Neath valley, Skewen, Swansea.	4 7
Sept. 8 th . Ogmore/ Southerndown	Skewen, Baglan, Pyle, Kenfig Hill, Cefn Cribbwr, Laleston, Ewenny, St. Brides, Ogmore, * Ewenny, Laleston, Stormy Down Pyle, Margam Aberavon, Baglan, Skewen, Swansea.	4 8
Sept. 15 th . The Two Ponty's	Morriston, Clydach, Craig Cefn Parc, Pontlliw, Pontardulais, B4306 llannon, Pontyberem B4317 Pontyates Five Roads, Pemberton, Loughor A484 Fforest Fach Swansea. or Penllergaer and Swansea vale.	4 9
Sept. 22 nd . Port Eynon	Gowerton, Three crosses, Welsh Moor, Bury Green, Scurlage, Port Eynon Café. Return North Gower, Fairwood common, bike path to Blackpill and Swansea Marina.	5 0
Sept. 29 th . Maesteg	Marsh road, Baglan, Taibach, Afan valley bike path, Cymmer, Caerau, Maesteg* Tondu, Pyle, Margam, Briton Ferry, Skewen, Swansea.	5 1

